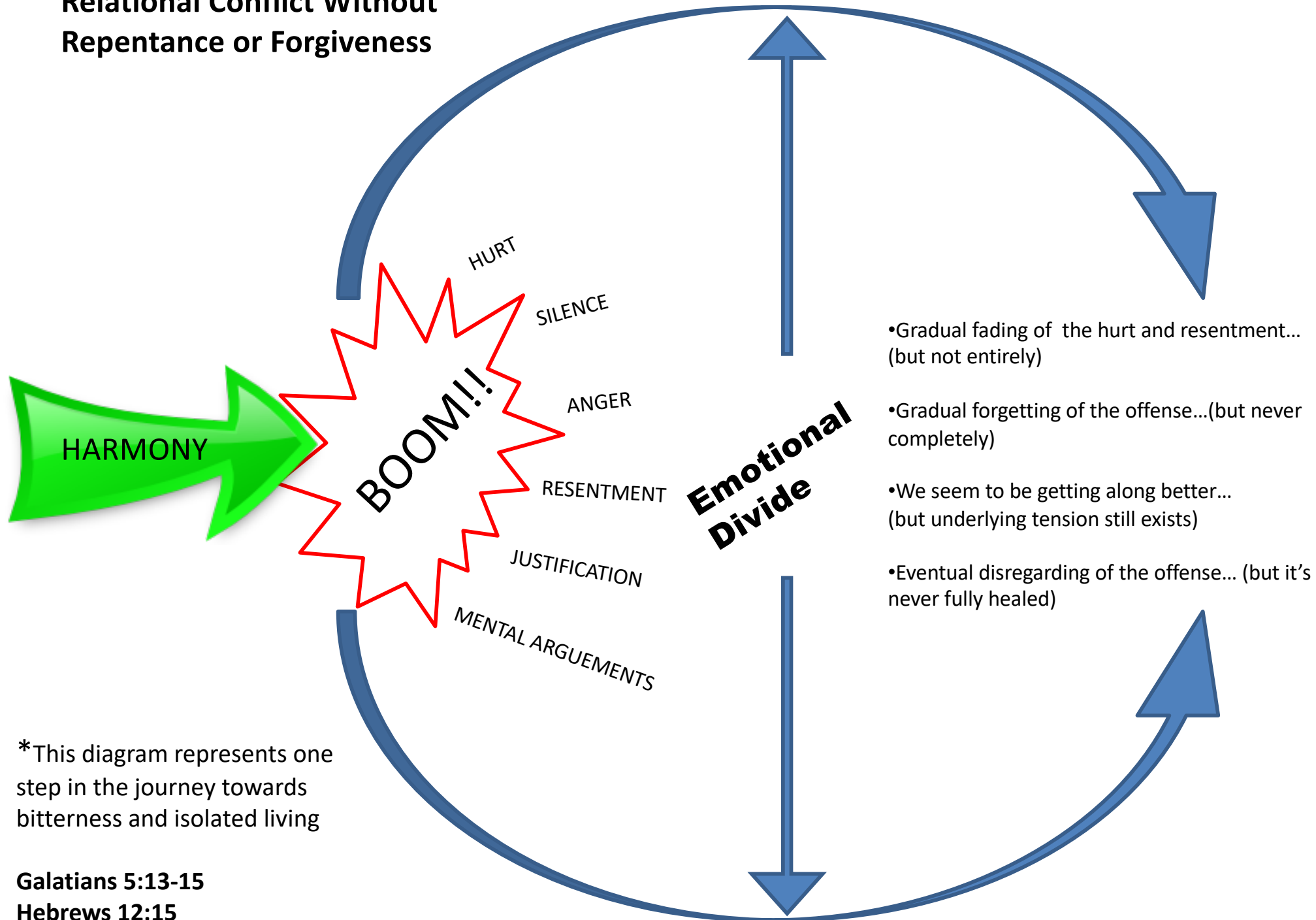


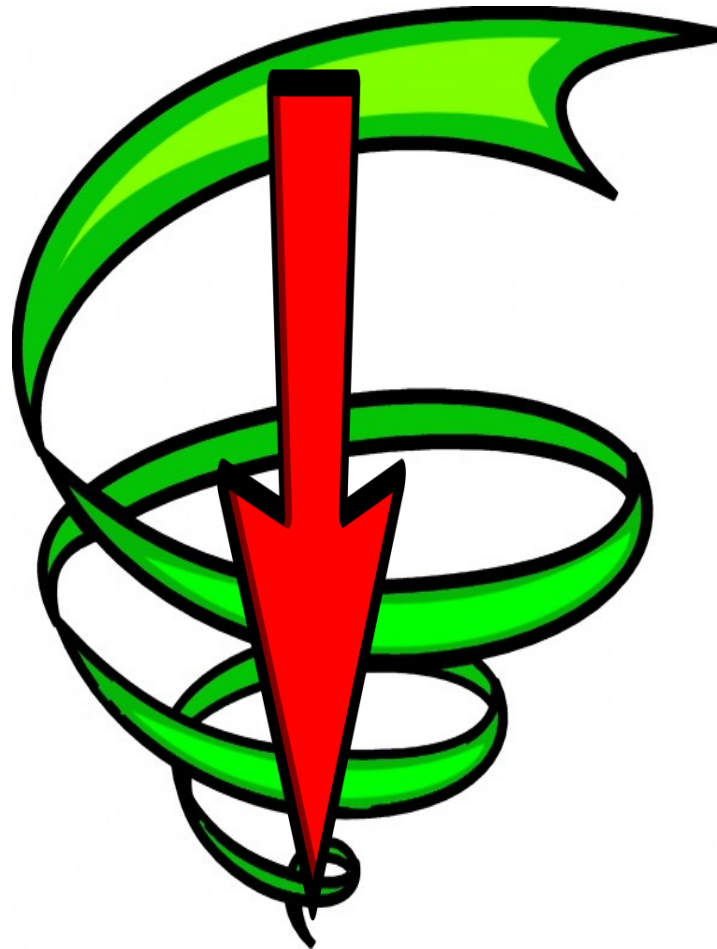
## Relational Conflict Without Repentance or Forgiveness



\*This diagram represents one step in the journey towards bitterness and isolated living

**Galatians 5:13-15**  
**Hebrews 12:15**

# Living in the Vortex of Rejection



**1.** I feel hurt or unloved

**2.** Inwardly oppose the rejection as being unworthy of what I deserve

**EPHESIANS 5:29**

**Esau—GENESIS 25:30-34**  
**GENESIS 27: 34-38**

**Cain— GENESIS 4:3-6**

**3.** I inwardly or outwardly react by: rejecting others and /or myself, or seek acceptance

**GALATIANS 5:15**

**Esau— GENESIS 27:41**  
**Cain—GENESIS 4:8**

**Godship: Playing God**

condemn, judge, criticism ,  
manipulation defensiveness,  
turning to coping mechanisms,  
anger, self pity. Seeking  
acceptance

**4.** I choose to allow those thoughts, Feelings and actions to control me creating bitterness within my soul. **So, the spiraling vortex downward never seems to end.**

**HEBREWS 12:15**

**FEELS LIKE LIVING DEATH AND  
ONGOING CONFLICT AND  
FRUSTRATION!**

# How do I get out of the Vortex of Rejection??

## Galatians 5:1

### 3. Rest:

By faith, rest in the finished work of the Cross and all of its implications for you. Enjoying fully God's abundant grace, goodness, forgiveness and love towards you. Rejoice that Christ lives in you... and you In Him.

2 Corinthians 5:17  
Ephesians 1:18-23  
Ephesians 2:4-6  
Hebrews 4:1-11

Ephesians 1:7  
Colossians 1:13-14  
1 John 5:11-12,20

### 1. Repentance:

Recognizing and confessing that our behavior is not in alignment with who we are in Christ. Acknowledging to God that what we have done was wrong and that it was sin which is hurting me and hurting others. Thank God for His forgiveness that He has already freely given to you.

2 Corinthians 7:7-11

Psalms 32:1-5

### 4. Forgiveness and Reconciliation

From a healthy identity in Christ and a restored mind that's at rest, you choose to extend forgiveness to others and/or seek forgiveness from others.

Ephesians 4:32  
Colossians 2:13  
Colossians 3:13

### 2. Renew our Minds:

Re-aligning our minds in our true identity as God's Child and remembering all that he has given us for life today and forever.

Romans, 1:28  
Romans 8:7  
Romans 12:2  
2 Peter 1:3

